

Connecting your workforce to smarter health and wellbeing

with our new mobile app



What is BHSF Connect ?

BHSF Connect is a mobile app that connects essential health and wellbeing services, putting them at the fingertips of your workforce to help them manage their own emotional, financial and physical wellbeing.





What can that mean for you as an employer?

- Reduced stress and anxiety across your workforce
- Increased engagement at work
- Reduced absenteeism and presenteeism
- Saves you time by helping your workforce manage their own health and wellbeing
- An efficient and effective solution for fulfilling your company's wellbeing commitments



BHSF Connect can help your employees to:

- Manage stress and anxiety at work and home
- Seek medical advice without having to take time off work
- Make a positive impact on their health and fitness
- Save money on everyday spending
- Stay safe online



What's in the app?

BHSF Connect is customisable – incorporate your branding and company information to make it your company's health and wellbeing app.



It connects your employees to the following services:



24/7 access to a GP from anywhere in the world*



Access to private medical specialists



Confidential helpline for support with emotional, financial and legal matters



Tips for cyber safety and an email scanning service



Smarter spending – discounts and special offers on hundreds of well-known brands



An online health checker with advice on healthy eating and exercise plans



Discounted gym membership and nutrition advice



A range of personal insurance products your employees might find useful



Support for employees caring for dependent relatives

*Network connection required

How do employees sign up?

When you choose BHSF Connect as your company's health and wellbeing app, it's simple to get your employees connected.

1. Choose how you would like to input your employees' data; they set it up themselves or you can do it for them
2. Provide your employees with instructions on how to install the app, along with your unique BHSF Connect code
3. Once your employees have installed the app on a mobile device, they simply follow the setup instructions to get started



What our customers say about *BHSF* Connect

“BHSF Connect has helped McColl’s to demonstrate our support programme to colleagues in everyday life and has assisted in encouraging a positive relationship between the business and its employees.”

Rebecca Eagle,
Employee Relations Manager,
McColl’s Retail Group

McColl’s

“BHSF Connect has been a great assistance. The confidential helpline has helped reduce absences and promote employee mental health and wellbeing. Being able to support employees through difficult times not only helps them feel supported at work but also helps us retain valued staff.”

Stephanie Coffey,
HR Advisor, JS Wright

JSW JS WRIGHT
BUILDING SERVICE ENGINEERS



Get connected

*Contact our enquiries team
today on 0121 629 1084*

or visit www.bhsf.co.uk/bhsfconnect

Lines open Monday to Friday 8.45am to 4.45pm
(excluding Bank Holidays)

System Requirements

Mobile apps for Apple will work on iOS 10 and above, supporting iPhone 5, 6, 7, 8, X and XS, iPad mini, iPad 4th generation, Air and Pro.

Mobile Apps for Android will support all devices running KitKat (4.4.4) and above. Web version available for non-smartphone users.



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